



The Early Intervention Psychosocial Support Response (EIPSR)

is a partnership between Alfred Health and Sacred Heart Mission to provide a holistic response for participants of Alfred Mental and Addiction Health.

What is EIPSR?

The Early Intervention Psychosocial Support Response (EIPSR) service helps people with mental health concerns who are having difficulty managing everyday tasks to create a personalised recovery plan.

This 12-month program of individualised support helps participants to live independently and safely in the community.



Version: February 2026



Sacred Heart Mission respectfully acknowledges the cultural heritage and enduring strength of the Traditional Custodians of the lands and waterways where we work, the people of the Boonwurrung and the Woiwurrung.



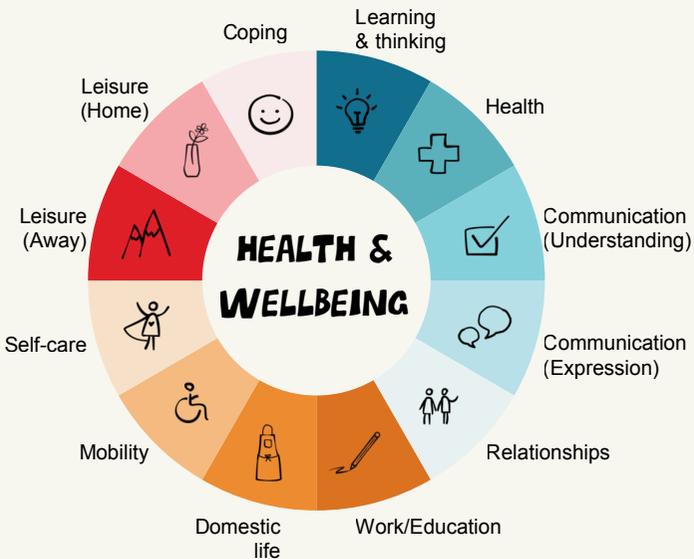
Sacred Heart Mission believes that the diversity of abilities, genders, sexualities, relationship identities, bodies and cultures in our community enriches us all and should be celebrated.



EARLY INTERVENTION PSYCHOSOCIAL SUPPORT RESPONSE (EIPSR)

12 months support for your mental wellbeing

Health & Wellbeing Mind Map



WE HONOUR AND RESPECT ABORIGINAL

“ I can only express my sincere thanks. It's so refreshing to finally meet someone that shows a genuine interest in my wellbeing...You actually do as you say and say as you do, my philosophy in life. So, thank you from bottom of my heart.

- Former EIPSR Participant

What does the EIPSR do?

The Early Intervention Psychosocial Support Response service can support and help participants to improve their daily life skills, social connectedness and overall mental health and wellbeing.

Who is it for?

People aged 25 – 64 who live in the Alfred catchment area with a mental health concerns who need assistance to continue to live independently in the community.



How?

- Develop and maintain independent living skills.
- Access community services and groups.
- Get connected to social groups and activities.
- Improve confidence, self-esteem and sense of identity.
- Build capacity and promote well-being.
- Develop skill exploration and skill building.
- If eligible, access the NDIS.



How to get connected with us?

Referrals come from Alfred Mental and Addiction Health.

You can contact St Kilda Road Clinic on (03) 9076 9888 or speak to your Alfred Health Clinical Case Manager.